

Protection and Hygiene Concept (PHC) for Participants

at DATEV Challenge Roth powered by hep
on 5 September 2021

As of: 06 August 2021

Version: 02-1



Based on both the „Hygienestandards – Allgemeingültige Regelungen des Deutschen Olympischen Sportbundes (DOSB)“ which were created by the agency APA Brands Events Solutions GmbH & Co. KG and the „Leitlinien zum Infektionsschutz zur Durchführung von Triathlons“ of the Deutsche Triathlon Union which were all tested and verified by the TÜV Rheinland.



Table of Contents

INHALTSVERZEICHNIS	2
1. GENERAL INFORMATION	4
1.1. Access and participation only with a negative test result, complete proof of vaccination or recovery certificate	4
1.2. General mouth and nose protection requirements (FFP2 or KN95 masks)	4
1.3. Central Corona 24-hour hotline.....	4
1.4. Telling accompanying persons and local residents / visitors not to come to Roth	5
1.5. Request to refrain from traveling and to participate if you have any doubts about your health.....	5
1.6. Contact avoidance recommendation	5
1.7. Prohibition of participation in case of symptoms of illness.....	5
1.8. Rules in case of illness (message chain).....	6
1.9. Regulations for travel to Roth.....	6
1.9.1. Individual arrival / avoidance of car pools.....	6
1.9.2. Observe the local public transport hygiene regulations.....	6
1.9.3. Hygiene regulations when traveling as a group by bus	6
1.10. Regulations for behaviour on site in Roth	7
1.10.1. Avoidance of physical greeting rituals and general body contact.....	7
1.10.2. Request for compliance with the protection and hygiene rules for mutual benefit	7
2. REGULATIONS FOR ATHLETES DURING RACE WEEK AND AFTER THE RACE.....	8
2.1. Request to travel alone	8
2.2. Collection of the race packs	8
2.3. Swim training on Friday and / or Saturday in the canal	8
2.4. Bike check-in at Transition Area I on Saturday	8
2.5. Immediate registration on the Monday after the race	9
2.6. Online results lists / options for raising an objection online	9
2.7. Awards Ceremony on Monday.....	9
3. REGULATIONS FOR ATHLETES DURING THE RACE.....	10
3.1. Travel to the Swim Start / Transition Area I	10
3.2. Use of the athlete shuttle buses to the Swim Start / Transition Area I.....	10
3.3. Check-in at Transition Area I.....	10
3.4. Transition Area I before the swim start	10
3.5. Swim.....	11
3.6. Transition Area I after the swim	11
3.7. Bike	11
3.8. Aid stations on the bike course	11
3.9. Penalty Boxes	11
3.10. Transition Area II.....	12
3.11. Run.....	12
3.12. Aid stations on the run course.....	12
3.13. 1km penalty loop	12

3.14.	Joint finish for relays	12
3.15.	No finish with relatives / children / friends	12
3.16.	Finish line area / stadium	12
3.17.	No mask requirement for participants in the finish area and after-race area.....	13
3.18.	After-race area	13
3.19.	Massage Area	13
3.20.	Medical Area	13
3.21.	Showers & After-Race Bags	13
3.22.	Bike Check-out at Transition Area II after the race	13
3.23.	Shuttle busses for athletes from Transition Area II back to the swim start.....	14

Imprint

TEAMCHALLENGE GmbH
Otto-Schrimppf-Str. 14
91154 Roth

T: +49 (0)9171 / 89 55 000

F: +49 (0)9171 / 99 88 1

E: info@challenge-roth.de

I: www.challenge-roth.de

1. General Information

1.1. Access and participation only with a negative test result, complete proof of vaccination or recovery certificate

All athletes who want to participate in the event must present the following to the security staff at the entrance to the event location:

- a negative PCR test that must not be older than 48 hours (at an incidence below 50 or not older than 24 hours at an incidence of/above 50), or
- a negative rapid test that must not be older than 24 hours, or
- a proof of full vaccination, or
- a recovery certificate, quarantine order or medical certificate, which must not be older than 6 months

The above-mentioned proofs must be presented each time when entering the event location (expo area / triathlon park, etc.), as well as on the day of the race when entering Transition Area I (for relay runners when entering Transition Area II). Otherwise participation in the event will be refused!

1.2. General mouth and nose protection requirements (FFP2 or KN95 masks)

Mouth and nose protection (MNP) must be worn permanently, at all times, **by all athletes** who want to participate in the event.

Only FFP2 or KN95 masks are allowed. Masks with a valve are generally not permitted.

There are no exceptions. Access is denied to anyone not wearing MNP.

The MNP may only be removed for eating and drinking or when sitting at a table in the catering area. As soon as the table is left, the MNP must be put back on immediately.

Compliance with the mask requirement is monitored by security.

People who violate the requirement to wear a mask are requested by security to comply with the mask requirement immediately. If this request is not immediately followed, they will be expelled from the site.

1.3. Central Corona 24-hour hotline

The organiser **TEAMCHALLENGE** (TC) will provide its own Corona hotline for the duration of the event (from Monday 30 August 2021 from 9:00am to Friday 10 September 2021 at 4:00pm), which can be reached 24-hours a day during this time and facilitate communication from and with the health department.

The telephone number is: **+49 151 / 58 26 75 21**

In addition, the following email is continuously monitored: service@challenge-roth.de

Every athlete who participates or has participated in the event and **who has questions relating to the health department before, during or after the event** (e.g. reporting of infections / possible infections, etc.) is requested **to contact this telephone number only.**

1.4. Telling accompanying persons and local residents / visitors not to come to Roth

In order to significantly reduce the number of people on site at the same time and to simplify compliance with the necessary social distancing rules, TC urgently asks all people who are not participants in the event and / or who are not absolutely necessary for its implementation **not to come to Roth in 2021 and stay away from the event.**

Central race areas such as the swim start, transition area I and transition area II are restricted for spectators and family members.

If you do not come to Roth, you make it easier for us to comply with the necessary social distancing regulations and enable the event to be held safely.

Instead, you are invited to watch the race from the comfort of your home. Bayerischer Rundfunk will have extensive reports online and TV.

1.5. Request to refrain from traveling and to participate if you have any doubts about your health

All athletes who (want to) take part in the event are requested to refrain from traveling to Roth and participating in the event if they have doubts about their health or it cannot be ruled out they or a close contact has an acute infection with SARS-CoV-2.

In addition, all people who usually reside in an area that is defined as a risk area by the Robert Koch Institute at this point in time are also requested to refrain from traveling to Roth and participating in the event.

1.6. Contact avoidance recommendation

All athletes who (want to) participate in the event are requested to avoid contact with other people in the weeks prior to the event by

- Avoid gathering people in public as much as possible.
- Receive few visits at home.
- Keep a safe distance from other people when going for a walk / doing sports / exercising.
- If possible, rarely use public transport.
- Avoid direct contact with potentially ill people.
- Document all contact and daily activities.
- Use the Corona warning app.

1.7. Prohibition of participation in case of symptoms of illness

All athletes who (want to) participate in the event but notice symptoms of illness that indicate an infection with SARS-CoV-2, **are prohibited from participating in the event!**

Instead, the rules according to 1.8 (message chain) must be observed immediately.

1.8. Rules in case of illness (message chain)

All athletes, who (want to) participate or have participated in the event and who notice symptoms of illness before, during or after the event that indicate an infection with SARS-CoV-2 are requested

- to immediately go into self-isolation in the sense of a quarantine.
- avoid strenuous physical activity immediately.
- to contact TC's central Corona hotline immediately.
 - Phone: +49 151/58 26 75 21
 - In addition provide the following data by email to service@challenge-roth.de:
 - First name, last name
 - Contact address
 - Phone number
 - Description of the symptoms of the disease

The organizer will immediately forward all incoming reports to the responsible authorities and coordinate the further course of action with them.

1.9. Regulations for travel to Roth

1.9.1. Individual arrival / avoidance of car pools

It is best to arrive individually or only with people who are directly associated or in closely associated groups. This should preferably be done individually by car or public transport, such as the train and plane. Carpooling with external companions or strangers should be avoided.

If this is not possible otherwise, an MNP must be worn permanently for the duration of the journey and regular ventilation of the vehicle must be ensured.

Please check the latest quarantine and national immigration rules at the homepage of the Ministry of Foreign Countries and your home country.

1.9.2. Observe the local public transport hygiene regulations

When traveling by public transport (train, plane, etc.), the hygiene regulations of the respective operator apply. An MNP should be worn permanently for the duration of the journey - even if this is not required by the operator.

1.9.3. Hygiene regulations when traveling as a group by bus

If you are traveling in a group by bus, the bus must be sufficiently disinfected before boarding and the distances between the passengers must be observed in accordance with the applicable legal requirements. All persons should wear an MNP during the entire journey on the bus.

1.10. Regulations for behaviour on site in Roth

1.10.1. Avoidance of physical greeting rituals and general body contact

All athletes who (want to) participate in the event are requested to refrain from physical greetings and general body contact, for example in the form of handshakes, hugs, clapping, hugging, etc.

1.10.2. Request for compliance with the protection and hygiene rules for mutual benefit

All athletes who (want to) participate in the event are requested to comply with all the protection and hygiene rules described here. These are in particular:

- Wearing an **MNP**
- **Hand hygiene:** Wash your hands thoroughly and regularly (for at least 20 seconds) and disinfect them
- **Sneezing hygiene:** Sneeze into the crook of your elbows (cover your mouth and nose) or into a handkerchief, which is disposed of immediately afterwards. It is also important to ensure you turn away from other people.
- **Keep your distance:** Keep a constant 1.5m distance.
- **Adhere to the communication protocol:** If there is justified suspicion, immediately follow the communication protocol (see section 1.3).

2. Regulations for athletes during race week and after the race

2.1. Request to travel alone

In order to significantly reduce the number of people on site at the same time, all athletes are requested **to travel to the event alone and without accompanying persons**, if possible.

Central race areas such as the swim start, transition area I and transition area II are restricted for spectators and family members.

Relatives, friends and other possible accompanying persons can instead follow the event live online and on the various social media channels of the organiser.

2.2. Collection of the race packs

Unlike in previous years, the race packs will be handed out in the big festival tent.

Hands must be disinfected when entering the tent. A hygiene station with hand sanitizer is installed at the entrance.

Accompanying persons are generally prohibited in the tent unless they are absolutely necessary (e.g. for people with disabilities).

Since only a limited number of people are allowed to stay in the tent, access is monitored by security. He only allows the permitted number of athletes to enter. All other athletes have to wait in front of the tent in compliance with the distance markers.

2.3. Swim training on Friday and / or Saturday in the canal

An MNP must be worn - especially when changing clothes. The MNP may only be taken off for swimming. Accompanying persons are generally prohibited unless they are absolutely necessary (e.g. for people with disabilities).

Unnecessary walking around or lingering on site should be avoided in all cases. Sufficient distance from other athletes must be maintained at all times - especially when changing clothes and during swimming.

2.4. Bike check-in at Transition Area I on Saturday

Distance markers are placed at the entrances to Transition Zone I so the distance regulations can be adhered to when queuing.

As soon as you approach the entrances or the queues in front of the entrances, an MNP must be worn. Wearing the MNP and observing the distance rules is monitored by security.

The MNP may only be taken off after leaving the Transition Area and having sufficiently moved away from the athletes waiting in front of it.

Hands must be disinfected at the check-in. Hygiene stations are installed at the entrances. Staying in the Transition Area is to be reduced to a minimum. The athletes are requested to go to their place immediately after entering the Transition Area, park their bike and the gear remaining on the bike, then hand in the bag with their running gear at the designated drop-off station and then immediately leave the Transition Area again via the specified exits.

Accompanying persons are generally prohibited unless they are absolutely necessary (e.g. for people with disabilities).

Unnecessary walking around or lingering in the Transition Area should be avoided in any case. Sufficient distance from other athletes must be maintained at all times.

2.5. Immediate registration on the Monday after the race

There is no immediate registration on the Monday after the race.

Should athletes (by tradition) nevertheless want to gather on site, this will be prevented by security and the gathering will be disbanded immediately.

2.6. Online results lists / options for raising an objection online

Result lists will only be published online as a PDF on the organiser's homepage. There will be no physical posting of the results lists in Triathlon Park.

Any objections must be raised online by email.

2.7. Awards Ceremony on Monday

The awards ceremony will take place in the stadium. It will also be broadcast as a live stream on the organiser's homepage.

Only those athletes who are winners in at least one of the categories (top three per category; top 10 overall) are allowed to participate in the awards ceremony.

Athletes who did not place, as well as relatives and accompanying persons (unless they are required as an aid, e.g. for people with disabilities), will be denied entry to minimize the number of people in the stadium.

When entering the Triathlon Park and stadium, hands must be disinfected. Appropriate hygiene stations are installed at the entrances.

An MNP must be worn in the stadium during the entire awards ceremony and the applicable distance rules must be observed. Wearing the MNP and observing the distance rules is monitored by security.

3. Regulations for athletes during the race

3.1. Travel to the Swim Start / Transition Area I

The same rules apply for travel to the swim start as for travel to Roth.

It is best to travel there individually or only with people who are directly associated / in groups, if possible. This should preferably be done individually by car.

Carpooling with external companions or strangers should be avoided.

If this is not possible, an MNP must be worn permanently for the duration of the journey and regular ventilation of the vehicle must be ensured.

3.2. Use of the athlete shuttle buses to the Swim Start / Transition Area I

If athletes want to use athlete shuttle buses to get to the swim start provided by the organizer, they must register in advance when collecting their race packs.

It is not possible to change the bus at a later date.

During the journey, an MNP must be worn at all times and the specified minimum distance must be observed. Only the seats marked and approved in advance by the bus company may be used.

3.3. Check-in at Transition Area I

An MNP must be worn before entering TI.

At the entrance to Transition Area I, the following must be presented again on race day morning:

- **A negative PCR test that must not be older than 48 hours (at an incidence below 50 or not older than 24 hours at an incidence of/above 50), or**
- **a negative rapid test that must not be older than 24 hours, or**
- **a proof of full vaccination, or**
- **a recovery certificate, which must not be older than 6 months**

Otherwise, access to the Transition Area and participation in the event will be denied.

When entering Transition Area I, hands must be disinfected. Appropriate hygiene stations are installed at the entrances.

3.4. Transition Area I before the swim start

All athletes must wear an MNP at all times. The MNP may only be taken down directly before entering the water (a bin is provided at the water's edge).

All athletes are requested to stay where they get changed as much as possible and to refrain from running around unnecessarily. They may only move around in order to:

- place the red bag with the cycling gear at the swim exit.
- go to the toilet.
- go to the swimming entrance and to hand over the green bag with the running gear to the transport truck.

3.5. Swim

The waiting area in front of the entrance to the canal will be enlarged so athletes waiting there can keep a sufficient distance at all times.

Athletes are requested to keep a sufficient distance from one another at all times, both while queuing for swimming as well as in the canal before the starting gun.

The MNP may only be removed immediately before entering the water and disposed of in the rubbish bins positioned there.

3.6. Transition Area I after the swim

Athletes are requested to keep the required distances to other athletes when changing from swimming to cycling.

The changing area is large enough for this purpose.

When changing in the changing tent, no help is offered by volunteers. All athletes have to change on their own and then place their red bag themselves at the change tent exit at the designated place as they leave.

Exception: athletes with physical limitations who need help with changing gear.

3.7. Bike

The non-drafting rule applies on the bike course, which means that there is a mandatory distance of 12m from the athlete in front.

In addition, a lateral distance of 1.5m must be maintained when overtaking.

The control of compliance with the competition rules (and so the distances) is carried out by the race officials.

3.8. Aid stations on the bike course

Athletes are requested to pay attention to the distances to other athletes and the volunteers, especially at the aid stations.

This applies in particular to any queues in front of the toilet facilities. Hands must be disinfected before and after using the toilet facilities. Appropriate hygiene stations are available.

Unless it is absolutely necessary, the athletes are requested not to stop at the aid stations but only to take food as they ride past.

3.9. Penalty Boxes

At the penalty boxes, athletes are only allowed to stay on the spots marked so the required distance regulations, in particular to the volunteers, can be adhered to.

3.10. Transition Area II

Athletes are requested to keep the required distances from other athletes when changing from cycling to running. The change area is large enough to allow this.

In order to significantly reduce the number of people present (athletes, organization and volunteers) in Transition Area II, athletes must, unlike in previous years, rack their bikes themselves, then pick up their athlete bag and continue to the change tent.

When changing in the change tent, help from volunteers is not offered. All athletes have to change on their own and then hand in their blue bag themselves at the designated place at the exit of the changing tent as they leave.

Exception: athletes with physical limitations who need help changing gear.

3.11. Run

A distance regulation of 1.5 m will be introduced on the run course, which athletes must adhere to.

3.12. Aid stations on the run course

Athletes are requested to pay attention to the distances to other athletes and the volunteers, especially at the aid stations.

This applies in particular to any queuing in front of the toilet facilities as well as in the event that athletes stop at the aid stations to take their refreshments. Hands must be disinfected before and after using the toilet facilities. Appropriate hygiene stations are available.

3.13. 1km penalty loop

The rules for the run apply as previously to the 1km penalty loop.

3.14. Joint finish for relays

As in the past, also this year the relay swimmer and relay cyclist can join the relay runner in the area between the train tracks and the Augustinum senior citizens' residence and cross the finish line together.

The relay swimmer and relay cyclist must carry an MNS with them, which, however, does not have to be worn during the run.

3.15. No finish with relatives / children / friends

Due to the numerous barricades, it is unfortunately not possible to cross the finish line together with relatives / children / friends this year.

3.16. Finish line area / stadium

After crossing the finish line, dedicated volunteers ensure the athletes leave the finish line area quickly towards the after-race area.

3.17. No mask requirement for participants in the finish area and after-race area

After crossing the finish line, the athletes are exempt from the mask requirement both in the finish area and in the after-race area in order to be able to relax a little after the race.

However, they are requested to strictly adhere to all other hygiene rules, especially the distance rules.

A MNP must only be worn again when leaving the after-race area. MNPs are handed out to the athletes at the exit by volunteers or security service employees positioned there.

3.18. After-race area

Hands must be disinfected before entering the after-race area. Appropriate hygiene stations are installed at the entrances.

Food and drinks are provided corona compliant.

Athletes are asked to keep their stay in the after-race area as short as possible and to leave the area as soon as possible.

3.19. Massage Area

For reasons of hygiene, no massage is offered.

Massage will be available for athletes with severe cramps within the medical area.

3.20. Medical Area

Before entering the medical area, hands must be disinfected again. Appropriate hygiene stations are installed at the entrances.

In the medical area, the regulations of the Bavarian Red Cross apply. These are posted at the entrances.

3.21. Showers & After-Race Bags

No showers are offered.

The After-Race bags will be handed over in the After-Race area.

3.22. Bike Check-out at Transition Area II after the race

Distance markers are placed at the entrances to Transition Area II so that the distance regulations can be adhered to when queuing. As soon as you approach the entrances or the queues in front of the entrances, an MNP must be worn. Wearing the MNP and observing the distance rules is monitored by security.

The MNP may only be removed after leaving the Transition Area and having sufficiently moved away from the athletes waiting in front of it.

Hands must be disinfected on site. Appropriate hygiene stations are installed at the entrances. Staying in the Transition Area is to be reduced to a minimum. Accompanying persons are generally prohibited unless they are absolutely necessary (e.g. for people with disabilities).

Unnecessary walking around or lingering in the Transition Area should be avoided in any case. Sufficient distance from other athletes must be maintained at all times.

3.23. Shuttle busses for athletes from Transition Area II back to the swim start

During the journey, an MNP must be worn at all times and the specified minimum distance must be observed.

Only the seats marked and approved in advance by the bus company may be used.